

April 2015 Newsletter



Whalers Dive Club

(New meeting location)

BJ's Restaurant & Brewery

6424 Canoga Ave

Woodland Hills, CA 91367

(818) 340-1748

The Whalers Dive Club, Inc., a California non-profit

When: 1st Wednesday of the Month 6:00-7:00 Food & Fellowship

7:00-9:00 Meeting

Website: www.whalersdiveclub.com

Address: P.O. Box: 4283, West Hills, CA 91308-4283

East side of Canoga, just south of Victory You can only enter the parking lot from Canoga northbound. Both self parking and valet available.

Private Room, Extensive Menu, and Full Bar



April Speaker

Margery Spielman

Margery Spielman is an accomplished environmental artist whose work is in the collections of Jean-Michel Cousteau, Mikhail Gorbachev and the late Jacques Cousteau.

Diving since 1964, Margery also taught scuba at Ventura College and Ojai Valley School. Her diving career includes a background in film production, working as an actor, stunt diver and underwater production coordinator. Also, for many years, she freelanced for The Cousteau Society in various capacities, including research and logistics for a documentary on the Channel Islands.

A marine naturalist, Margery currently teaches for Road Scholar (previously Elderhostel), an international organization for adventurous seniors. Her foremost passion is the ocean where she continues to scuba dive professionally.

Swimming with Dolphins

Discover what it's like to play with Atlantic spotted dolphins in the Bahamas, and pink river dolphins in the Amazon. Learn fascinating facts about their adaptations and lifestyles as Margery Spielman shares her stories and adventures while filming with The Cousteau Society, Tokyo Broadcasting and Olympic gold-metal swimmers.

President's Message

I know I have an odd obsession, I read Obituaries. I think a lot of it has to do with learning from history. Anyway, I sat Tuesday night, March 3rd, 2015 reading the Sunday L A Times about a Wonderful Woman called the 'Shark Lady,' Eugenie Clark:

She lived from 1922 to 2015 and became intrigued with fish when she was nine years of age. On Saturdays would go with her Mother who worked at a Manhattan newsstand, she convinced her Mom into passing the time at the old Battery Park Aquarium. By age 13, she had hundreds of tropical fish in aquariums! At 20, she earned a degree in Zoology. She wanted to continue studying at Columbia University. Her professor discouraged her saying she 'would probably end up being a housewife.' She married five times and raised four children, but without sacrificing her career, Eugenie worked seven decades in the field, made more than 70 dives in submersibles, to depths as great as 12,000 feet. The last of which was on her 92nd birthday, in the Red Sea. She was an underwater scientist, a respected Marine Researcher and a bestselling author for her ability to explain sharks behavior and other underwater mysteries. Her last article on Triggerfish came out a few weeks ago. A former student, Sonja Fordman who became the founder and president of the nonprofit Shark Advocates International in Washington said "She was a role model for Women not only as a scientist but as a Fearless Adventurer." *** I have the entire article (which I left a lot out of) if you're interested in reading about this incredible woman's life or check L A Times March 1, 2015 page B5, Eugenie Clark.

UP-COMING EVENTS

APRIL

General Meeting: 4/8/15 - Wednesday - 6:00 pm - Bj's Brewhouse
Margery Spillman - Dolphins

Dive: 4/11/15 PEACE

Board Meeting: 4/16/15 - Thursday 6:00 pm - Lamplighter

MAY

General Meeting: 5/6/15 - Wednesday - 6:00 pm - Bj's Brewhouse
Greg Sanders - Sea Otters

Dive: 5/9/15 CIDA-TRUTH - Front Side of Catalina

Board Meeting: 5/21/15 - Thursday 6:00 pm - Lamplighter

JUNE

General Meeting: 6/3/15 - Wednesday - 6:00 pm - Bj's Brewhouse
Dan Rodarte - Aqua Lung

Scuba Show: 6/6/15 - Long Beach

Trip: 6/6/thru 6/13/15 - Turks & Caicos

Dive: 6/20/15 - Beach Clean-up - Deer Creek

Board Meeting: 6/18/15 - Thursday 6:00 pm - Lamplighter

Dive: 6/27/15 Dive Anacapa on the Spectre

JULY

General Meeting: 7/1/15 - Wednesday - 6:00 pm Bj's Brewhouse

Dive: 7/12/15 Wreck Dive Training - Yukon-San Diego- Merissa

Board Meeting: 7/16/15 - Thursday 6:00 pm - Lamplighter

Dive: 7/18/15 - Beach Clean-up - Deer Creek

Training

Hello Whalers,

Just heads up that the Wreck Class dives are now open to the entire membership.

There is no need to take the class, just come, dive, eat and have a great time with other Whalers.

The first dive for the class will be conducted on the Spectre dive boat on the 27th of June and I have 11 spots reserved. Currently we have 7 confirmed.

The last 3 dives for the class will be conducted on the Marissa dive boat on the 12th of July on the Wreck of the Yukon in Wreck Alley, San Diego. There still is space available to dive the wreck with us. You can find more information about the Yukon here: <http://www.sandiego.org/articles/scuba-diving/the-hmcs-yukon-dive-in-san-diego.aspx>

Please contact Greg or me to reserve.

Dahlia 818-224-7249 Los Angeles Centre



A Hike in the hills...Greg, Dahlia, Dan, and Steve

Hi Whalers,

I know many of you are EFR and Advanced O2 providing certified. It's always prudent to remain updated on the latest research. EFR recommendations and practices continuously change based on the latest research results. If you recall in 2010 there was a major change in the sequence which we use provide CPR to a non-breathing victim. The research findings concluded that chest compressions supersede rescue breaths.

That meant that chest compressions are performed first, followed by two breath and in some instances breaths are not given at all, based on the fact that a few minutes of O2 remain in the blood system and circulating it provides a better chance of successful resuscitation. Basically the CPR sequence went from the traditional ABC (Airway, Breath, and Circulation) to CAB (Circulation, Airway, and Breath). In the latest Alert Diver Magazine, the emphasis is on same sequence, however it stresses that no interruptions of chest compressions for any reason should exceed 8 seconds, preferably less. The AED (automatic external defibrillator) now more than ever plays a major role in the entire scenario. We as Divers are more likely to encounter drowning incident victims. Below are the guidelines for CPR for drowning.

CPR FOR DROWNING

"Cardiac arrest from drowning is due primarily to lack of oxygen. For this reason, it is important that CPR follow the traditional airway-breathing-circulation (ABC) sequence rather than the Circulation-airway-breathing (CAB) sequence, starting with five initial rescue breaths, followed by 30 chest compressions, and continuing with two rescue breaths and 30 compressions until signs of life reappear, the rescuer becomes exhausted or advanced life support becomes available. In cases of drowning, the European Resuscitation Council recommends five initial rescue breaths instead of two because the initial ventilations can be more difficult to achieve, since water in the airways can interfere with effective alveolar expansion. CPR with chest compression only is not advised in persons who have drowned."

At the same time and as a prerequisite for the DM class in progress, I will be holding a Primary and Secondary EFR class with AED along with O2 provider class, sometime early summer. Please let me know if you would like to update your credentials or gain new ones.

Happy Spring Whalers, let's go diving.

Dahlia

IDCSI 160246

Los Angeles Centre

818-224-7249

Membership: We're pleased to announce that effective Jan 1st, we removed the \$5 New Member registration fee. Annual membership is now \$25 for individuals, and \$35 for families, new or renewal. Any new members that registered under the old rates, from January 1st will be refunded.



Messages from Whaler Members

I have low Pressure steel 72 for sale. It is freshly hydroed and VIP'ed as of last month, and filled with genuine clean pure, breathable air. It has a modern DIN valve.

Perfect for beach dives or boat dives. \$125.00

Al Kholos 818-993-9234

alkholos@gmail.com

From The Webmaster (Rick)

"Announcing a new web page that provides a means for our supporter organizations to communicate to the Whalers information on specials, sales, deals, trips and just about anything. This page is only available to members - you must be logged in to view it. Just a few supporters advertising now, but, keep checking. <http://www.whalersdiveclub.com/> for more info."

Buddy List

For Whalers that have been around a long time, remember the buddy list? We mailed (yes, old fashioned snail mail) a booklet with all members contact information. We're happy to re-introduce the buddy list, but this time it is strictly on-line on our web site, and is opt-in only - we'll only list your info if you request it, and you can opt in/out anytime. The list is visible only to members, not the public. More details to be announced on the web site.

Web Site News

Webmaster and resident geek Rick is continuing to streamline the website. Over the coming weeks, we're simplifying the registration application and renewal process. In April I'll be implementing a new layout that is fully compatible with mobile devices. More details to be announced on the web site. Any suggestions - please send to webmaster@whalersdiveclub.com

The HMOS Yukon Dive in San Diego

A must-see diving destination for advanced divers



The HMCS Yukon wreck dive turned San Diego's Wreck Alley into a must-see diving destination.

Hey, look! Somebody yelled, pointing down at the water. "You can see it!" Sure enough, a blue-green glow stretched away to the southeast-sunlight reflected off the light-gray topsides of the HMCS Yukon 60 feet below us. "Boy, it's big!"

The HMCS Yukon was a Canadian destroyer escort, 366 feet long, 40 feet wide, with six decks and over 100 compartments. Now it's one of America's newest and maybe best underwater playhouses. It was gutted and cleaned before being sunk in 100 feet (30 m) of water in the Pacific Ocean off Mission Bay in San Diego's "Wreck Alley" only two miles west of the Mission Beach roller coaster. Overnight, Wreck Alley changed from a local attraction to a diving destination worth a long trip. There were divers from Canada and Brazil, climbing over each other in the rush to be among the first divers to visit the wreck.

Mission Accomplished

The ship's new mission is simple: generate excitement about San Diego diving and demonstrate how a growing stockpile of old ships can be turned into thriving marine habitats. As the first of what the San Diego Oceans Foundation hopes will be many similar projects around the world, the HMCS Yukon could be the flagship of a new generation of wreck dives.

In addition to size, the vessel boasts an intact superstructure including her bridge, deck gear and twin three-inch gun turrets. Inside, the Yukon is a brightly lit maze of tunnels and passageways. Dozens of access holes have been cut into the hull, many interior bulkheads have been removed and hatchways have been enlarged in a process called "Swiss-cheesing." The goal was for a diver never to be more than 30 feet from an exit. As a result, ambient light floods wide interior passageways. Still, there's enough complexity that you can get temporarily lost, or at least imagine that you are lost. This is the playhouse aspect of the Yukon. It reminded me of being a small kid crawling through big cardboard boxes.

Also inside are some special attractions that reward divers for fully exploring the massive ship—a task that Project Yukon organizer Dick Long estimates will take 30 dives, at least.

DEER CREEK BEACH CLEAN-UP



The club adopted this beach on September 23, 1989. Our goal has been to clean up the beach 3 times a year. The Board has selected dates for 2015; June 20, July 18 and Sept 19. The official state Adopt-A-Beach Coastal Clean-Up day will be announce at a later date. Come one & all; bring family, friends, and potential club members. Trash pick-up and dive start at 9:00AM.

We have official Adoption Papers for this beach to Preserve, Protect, & Enhance the coast.

There are no facilities, but bags and a Porta-Potty will be provided. Bring food, drink, gloves, sturdy shoes, and your beach dive gear. Any questions? Call Norm at 818-348-6444.

Directions: Deer Creek Beach is approximately 2 miles north of the LA/Ventura County line on Pacific Coast Highway (HWY1). From the Ventura Freeway north, take Kanan Road west (left) to PCH, turn right. Deer Creek is signed (where the highway is only two lanes).



We will be setting up at or around the stairs

Supporters of The Whaler's Dive Club



- receive a card for 10 air fills (a \$45 value alone)
- receive 10% off Sport Chalet chartered boats and classes
- receive 10% off scuba equipment
 - o non-sale merchandise only
 - o excludes merchandise ending in \$.96 and \$.97 non-sale merchandise only



- o receive 5% off scheduled local boat charters
- o if active or retired military, make that 10%



- receive 10% off scuba equipment

GLYNN PALMER: Scuba Repair

For more information please contact Glynn @ 310-266-2955



Peace Dive Boat



Divers Alert Network



Disabled Veterans Scuba Project

Photo Gallery

Photos by David Guth



Whaler Banquet 2014





Photos by David Guth



Anacapa Photo by David Guth



Cayman Brac: Photos by Betty Pringle



Beach Bar BQ at Leo Carillo; Photos by Steve Roquemore



Ken's Cayman Brac pre-trip party photos by Steve Roquemore



Other Whaler Events & Photos





LIST OF BOARD MEMBERS

2015 OFFICERS & BOARD OF DIRECTORS!

Contact the board: info@whalersdiveclub.com

Trish Kolbeck President

Greg Arsenault Treasurer

Dan Tobias Secretary

Rick Dalven Webmaster

Norman Deatherage Environment

Betty Pringle Newsletter

Greg Arsenault and Dahlia Luria Dive Coordinators

Dahlia Luria Training

Al Kholos